Abbey Farm Term 1

I I INIT I NATALLA

Nutritious

Fresh

		EAT WELL - FEEL BETTER - LEARN MORE				• ,
	-	Monday	Tuesday	Wednesday	Thursday	Friday
Tasty	Hot Red	Hotdog Served with Onion Rings and Baked Beans	Homemade Chicken Korma Served With Steamed Rice and Broccoli	Roast Gammon Served with Mashed Potato, Seasonal Vegetables and Gravy	Homemade Chicken Fajita Pasta Served with Fresh Mixed Salad	Oven Baked Jumbo Fish Finger Served with Oven Chips and Peas
	Hot Green Vegetarian	Vegetarian Hotdog Served with Onion Rings and Baked Beans	Homemade Sweet Potato and Chickpea Curry Served With Steamed Rice and Broccoli	Roast Quorn Fillet Served with Mashed Potato, Seasonal Vegetables and Gravy	Homemade Green Pesto Pasta Served with Fresh Mixed Salad	Oven Baked Quorn Nuggets Served with Oven Chips and Peas
Delicious	Jacket	Hot Jacket Potato Served Daily with Veg & Filled with a choice of Baked Beans or Cheese				
	Sandwich Option	Freshly Baked Baguette with Ham or Cheese Served with Tortilla Chips and Veg Sticks	Fresh Wrap Filled with Chicken Goujon or Cheese Served with Tortilla Chips and Veg Sticks	Freshly Baked Baguette with Ham or Cheese Served with Tortilla Chips and Veg Sticks	Fresh Wrap Filled with Chicken Goujon or Cheese Served with Tortilla Chips and Veg Sticks	Freshly Baked Baguette with Ham or Cheese Served with Tortilla Chips and Veg Sticks
	Dessert	Ice Cream with Fruit Cocktail Fresh fruit Yoghurt	Homemade Chocolate Shortbread Fresh Fruit Yoghurt	Homemade Vanilla Cupcake Fresh Fruit Yoghurt	Homemade Summer Fruit Flapjack Fresh Fruit Yoghurt	Watermelon Wedge Fresh Fruit Yoghurt



Contact the Office for all Dietary and Allergy related questions.